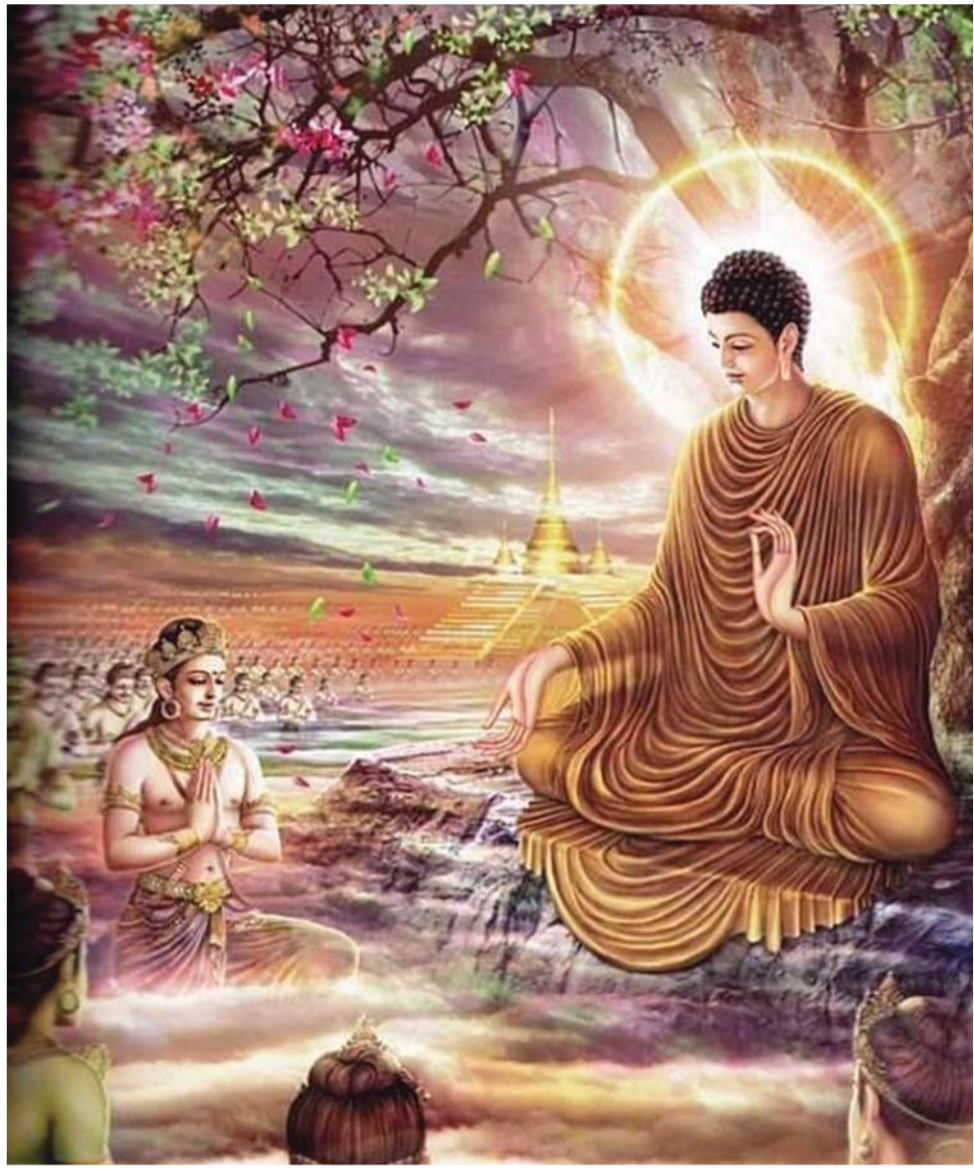


Basic

Buddhism 1



Lecturer's profile

Venerable Shi Chun Nian

Venerable Shi Chun Nian is from Bao Guang Fo Tang temple, a Buddhist Nunnery at Thomson. Previously a Malaysian, she came to do her tertiary education in Singapore and graduated from NUS in 1995 with a Bachelor of Social Sciences (Hons). She took up the robes in Singapore in 1999 and was ordained under the tutelage of under Venerable Sek Te Yuan, at the age of 27.

After her ordination, Venerable studied at the International Theravada Buddhist Missionary University in Myanmar from 2000 to 2004 and obtained a BA in Buddhist Studies. She was exposed to a balanced system of training, comprising both theory and practice.

Since her return to Singapore, Venerable has been conducting English Dhamma lessons and meditation classes. Currently she conducts regular Dharma Courses at Kong Meng San Phor Kark See Monastery and Meditation classes at Bao Guang Fo Tang temple.

Basic Buddhism I

This structured Basic Buddhism Course offers an opportunity to learn the basic essential principles of Buddhism and insights. It will demonstrate how Buddhism relates to our daily life and that by practising the principles of Buddhism, it will lead us to happiness and freedom from life's problems. The Fundamentals of Buddhism will be discussed and the Venerable's treatment of the topics will be refreshing not only to newcomers, but also for longtime students of the Dhamma.

Course Schedule:

Semester II : Buddhist Observances, Three Refuge, Five Precepts, Eight Precepts, Ten Wholesome Actions (9 Lessons)
Dates : 20 May – 15 July 2014 (Every Tuesday)
Time : 7:30pm to 9:00pm

Semester III : Four Noble Truths, Eight Fold Path, The Characteristics of Buddhism (9 Lessons)
Dates : Starting: 26 Aug – 21 Oct 2014 (Every Tuesday)
Time : 7:30pm to 9:00pm

Upon completion of Basic Buddhism I, we will continue to explore the teachings of the Buddha in the following year, covering topics like Kamma, Realms of Existence, Dependent Origination, Three Marks of Existence, Five Aggregates and Five Hindrances, Four Immeasurables, the Path of an Arahant and a Bodhisattva, etc.

The Buddhist Union Dharma Centre
(Near Kovan MRT)
43 Lowland Road
Singapore 547444

Tel : 6241 9419 / 6281 9776
Attendance : **By Registration Only**
Closing Date : **18 May 2014**

Information & Registration

e-mail: gimsun@singnet.com.sg for Registration Form
Member: **\$20.00 per Semester** • Non-Member: **\$30.00 per Semester**

All application forms and cheques are to be sent to :

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Please indicate "Basic Buddhism I" including your name and contact no behind the Cheque